## SYSCO BAHAMAS SUMMER SALE SERIES #2

1-16 JULY 2023

SUPC	PACK & SIZE	BRAND	PRODUCT	SELL PRICE SHOP	DESCRIPTION
MEAT & P	OULTR	(			
7155819	28 lb 1 avg	Snake River Farms	Wagyu Beef Bone-in Beef Rib Frenched American Wagyu Gold™ CUT YOUR OWN TOMAHAWK CASE AVG \$565	\$20.25 \ lb	Wagyu Beef Bone-in Beef Rib Frenched CUT YOUR OWN TOMAHAWK CASE AVG \$565 A. American Wagyu Gold™ beef rib have the most marbling available are are ready to cut into top-of-the line, long-bone ribeye steaks.
7095812	1 17.2 lb	Organic Prairie	Grass-fed Organic Beef 1/2 Striploin CASE AVG \$330	\$19.32 \ lb	Organic boneless New York strip is a great size at a full half of the bostrip loin. Buttery texture and superior flavor. Best prepared grilled broiled, seasoned with salt and pepper and paired with a baked pote or your favorite traditional steakhouse side. Grassfed, certified organ beef free of artificial pesticides, fertilizers, antibiotics, synthetic hormones, GMOs, or other synthetic contaminants. Humanely raised animals.
3822261	4 pc	Iowa Prime	Beef Teres Major (Shoulder)	\$6.22 \ Ib	aka Shoulder Tender. Second most tender cut of beef, after the — tenderloin, cut from the shoulder clod in the front chuck section. Bes grilled whole then sliced or for kebabs, catering and other applicatio
7174789	6 1 pc	Catelli Brothers	US Lamb Leg, Bone-In Split T/O CASE AVG \$460	\$7.17 \ Ib	Trimmed lamb leg with aitch bone removed and shank frenched. — Netted for roasting. Individually vacuum sealed. American domestic lamb, NAMP 234A
7409067	2 8-10 lb	Catelli Brothers	SOLD OUT <del>US Lamb Leg Boneless</del> Boneless/Rolled/Tied (BRT) CASE AVG \$185	\$10.34 \ Ib	Lamb leg boned, trimmed and jet-netted. American domestic lamb, NAMP 234A
7187795	15-24 1 kg (33-53 Ib)	Midfield Meat	NZ Lamb Leg Boneless, chump On (50 lb avg) CASE AVG \$285	\$6.70 \ Ib	The boneless leg of lamb is lean, versatile and efficient, offering a range of options from whole roasted lamb leg for carving to boneles lamb chops and lamb kebabs. Australian lamb is known for its grass fed, high quality flavour with optimal presentation.
7187825	15-24 1 kg (33-53 Ib)	Midfield Meat	NZ Lamb Leg Bone- In Short Cut (50 lb avg) CASE AVG \$225	\$5.23 \ lb	Australian lamb is known for its grass-fed, high quality flavour with optimal presentation.
7203442	1 50 lb	Packer	NZ Mutton Whole Shoulder	\$3.53 \ Ib	— NZ whole mutton shoulder, square cut
2434314	1 10 lb	Casa Solana Classic	Sausage Chorizo Links 4x1	\$33.50 \ cs	Natural Casing. 4 per lb, 6"x1.25" diameter. Flavoured with chili powder, garlic, paprika, vinegar and other traditional spices for an authentic Mexican flavour. Made from seasoned 70 percent lean po trimmings in a natural casing. 40 sausage links per case, bulk packe
6583710	24 7 oz	Holten	Boneless Breaded Pork Chop	\$55.39 \ cs	Holten Meat pork fritter made with whole muscle pork chop for superior taste & texture. 100% boneless pork eliminates bone and f waste. Lightly seasoned, crunchy homestyle breading. Ideal for sandwiches, buffet, takeout, institutions. 24 7-ounce pork fritters la packed between paper sheets in a poly liner. Homestyle 7-ounce fri

				measures 8 x 6", deep-fry from frozen for best results.
				Savoury, versatile small pork patties. Use as breakfast sausage,
5198324	1 10 lb Pioneer Mea	Pork Belly Slider Patty 2.7 oz	\$24.58 \ cs	<ul> <li>sandwich sliders, catering, institutions, buffets and on appetiser</li> </ul>
				platters.
				Hormel pre-cooked pork roast, 3.5 lb avg. Whole muscle, cut from the
2571270	3.5 lb	Deli Roast Pork (Fully Cooked) CASE AVG \$33	\$4.84 \ lb	cushion meat (shoulder end). Boneless and hand trimmed to remove
2571370	avg Hormei			excess fat cover. Fully cooked and ideal for slicing for sandwiches. Heat
				and serve hot or cold.



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8132037	3 lb 4 avg	Margherita Smithfield	Deli <b>Pepperoni</b> Sandwich Stick CASE AVG \$69	\$4.90 \ lb	Slow-cured, seasoned, Margherita® Sandwich Style Pepperoni Sticks make sandwiches come to life with rich and savory flavuor. Pepperoni sliced for sandwich size 3" diameter, 10-12" length stick. 100% useable product can be sliced to desired thickness. Approximately 260 1-oz portions per case. 2mm grind pork and beef blend, gluten-free, fully cooked. Margherita Cooked Cured Deli Meats are made with quality ingredients and are minimally processed for authentic flavour.
7468410	4 lb 8 avg	US State Natl	Deli Beef Pastrami case avg \$405	\$12.66 \ lb	— Authentic New York beef pastrami. Old World Provisions.
7204313	12 900 gm	Sadia	Chicken Wings 50 gm Tray-Packed	\$34.00 \ cs	Clean Brazilian chicken wings. Tray-packed for convenient storing or retail sale.
7204310	12 900 gm	Sadia	Chicken Thighs Tray-Packed	\$30.00 \ cs	Clean Brazilian chicken thighs, bone-in, skin-on. Tray-packed for convenient storing or retail sale.
7189009	25 1-2 lb	La Belle Farms	Foie Gras Duck Grade A 1.4/2.1lb	\$49.81 \ lb	La Belle Farm's Fresh Duck Foie Gras, Grade A. Large, firm lobe, rich and smooth in flavour. Renders very little fat when sautéed. Shelf Life: 7 days in the Cooler / 12 Months in the Freezer
EAFOC	D				
4694689	1 10 lb	Seabest	Beer Battered Fish Fillet (Pollock) 2-3 oz	\$45.41 \ cs	Delicious beer battered pollock fillets perfect for sandwiches and buffets.
7181486	12 2.5 lb	Pescatore Seafood	Crispy Panko Breaded Calamari Squid Rings	\$72.44 \ cs	Raw, panko-breaded large squid rings. Wild Caught. Can be fried or baked. Retail bags.
			Shrimp Dip		vnote snrimp come together with rich, cheesy flavors for delicious dips to serve as i ite recipe. So take a dip, or dare to do it differently with any of our four
SEA BI P QUALITY SINCE T	EST.	Seabest	Shrimp Dip Spinach & Artichoke	flavors Whole shrimn   \$59.16 \ cs	<ul> <li>blended with rich ingredients. Ready in minutes, easy to prepare Bake microwave</li> <li>Spinach and Artichoke Shrimp Dip is made with a blend of Parmesan</li> <li>and Monterey jack cheeses, spinach and artichoke hearts for a rich</li> <li>flavour and creamy texture.</li> </ul>
7188026	12 10 oz	Seabest	Shrimp Dip Black Bean & Queso	\$59.16 \ cs	Rich, creamy base of cheddar cheese and alfredo sauce., combined with black beans, tomatoes, bell peppers, and spices.
7188027	12 10 oz	Seabest	Shrimp Dip Creamy Rangoon Shrimp	\$59.16 \ cs	Whole shrimp blended with mozzarella, cream cheese, sour cream and herbs. Sea Best Creamy Rangoon Shrimp Dip starts with a blend of mozzarella, cream cheese and sour cream for a mild, creamy base. Green onion, garlic and chili pepper give it an extra punch of flavour.
7188028	12 10 oz	Seabest	Shrimp Dip Zesty Buffalo	\$59.16 \ cs	Sea Best Zesty Buffalo Shrimp Dip is made with a rich blend of — cheddar, pepper jack and blue cheeses. Diced celery adds a little crunch, and mild buffalo sauce adds just the right amount of spice.
7028710	30 20 ct	Tetsujn	Shrimp Ebi Nobashi 21/25 ct	\$194.56 \ cs	Nobashi Ebi is butterflied, stretched shrimp used for sushi in Japanese cuisine. It is peeled and deveined, usually with tail-on.
7644230	2 5 lb	Marquis	Scallops 40/60 ct Dry	\$143.83 \ cs	400-600 pcs per cs. IQF, dry (no water added) premium scallops with no additives. Marquis 40/60 count scallops are all natural with a rich, decadent flavour and a medium texture that melts in your mouth. Simply season with salt and pepper, sear in butter and serve with a light sauce. Individually quick frozen (IQF) poly bagged for convenience.
8199574	1 10 lb	Seabest	Halibut Fillet 8 oz Portions	\$31.85 \ lb	Wild-caught Sea Best brand Halibut 8-oz portions, boneless & skinless. Individually vacuum-packed to preserve freshness and qualit Cut from Loin Fillets, halibut is a lean, firm textured fish with mild, sweet flesh, large flakes and tender texture. Suitable for upscale

8199574	1 10 lb	Seabest	CASE AVG \$318.46	\$31.85 \ Ib	sweet flesh, large flakes and tender texture. Suitable for upscale presentations in high-end restaurants, private chefs, catering and the discerning home cook.
 8803660	6 5 lb	Packer	Calamari Squid Steak 5-6 oz	\$255.27 \ cs	Calamari Squid Steaks are a healthy high-protein, premium quality, low- – cost seafood. Squid Steaks are also known by their Japanese name Marasaki Ika.
7760689	6 66.5 oz	Monaco Foods	Tuna ~ Premium Chunk Light (Large Cans)	\$81.00 \ cs	Rich in omega-3 fatty acid. Upgrade your Tuna Salad with premium quality chunk light tuna.



SUPC	PACK & SIZE	BRAND	PRODUCT	SELL PRICE SHOP	DESCRIPTION
FROZEN	FOODS				
1705742	1 3.2 gal	Schwans	Premium Ice Cream Strawberry	\$64.89 \ ea	Delicious, creamy Strawberry Ice Cream made with milk, cream, sugar, buttermilk, and strawberries for a rich dessert. Each case contains 1-3.2 - Gallon Pail Ice Cream that can easily be scooped by hand or used with certain ice cream dispensers. No high fructose corn syrup, no certified artificial colors, or flavours.
1705959	1 3.2 gal	Schwans	Premium Ice Cream Mint Chocolate Chip	\$22.19 \ ea	– Dispenser top included
7166207	60 4 oz	Bagel Bros	Bagels Cinnamon Raisin 4 oz	\$36.00 \ cs	Bake at 400°F for 5 minutes. BAGEL BROTHERS PAR-BAKED – BAGELS are great for breakfast and lunch options at Cafés, Delis, Bakeries, Hotels, Buffets and other food establishments.
3788441	12 12 ct	Original	Bagels Whole Wheat 1.4 oz	\$35.69 \ cs	Thaw & serve or bake for five minutes. Top quality kettle boiled and hearth baked and bagged in "Stay Fresh" packaging.
5381702	6 3.3 lb	Otis Spunkmeyer	Cookie Dough <b>Chocolate Chip</b> Sugar Free	<b>\$75.06</b> \ cs	Sweet Discovery is the #1 frozen cookie dough in America. Made with real butter, fresh whole eggs, premium chocolate and incredients. A sugar free version of the all-time cookie favorite including semi-sweet chocolate chips in rich cookie batter.
7814353	24 14 oz	Goya	Empanada Pastry Dough Sheets (Discos)	\$52.88 \ cs	Traditional empanada dough sheets, ready to be filled with meat, tunafish, other seafood, cheese or veggies and then baked or fried.
7149140	1 13.2 lb	Pitaya	Organic Coconut Smoothie Pack only organic coconut meat and water	\$82.85 \ cs	Coconut, the iconic super-fruit of island escapes and prized world-wide for its nutrient density and rejuvenating properties, is now available in convenient single serve frozen packs! Not only is it easier than opening a coconut, they're just as nutritious — containing only the puree of coconut meat and coconut water.
7181663	12 32 oz	Packer	Frozen Cocktail Mix Watermelon	\$39.83 \ cs	_
1074723	4 92 oz	Stouffer	Stuffed Cabbage Rolls (Fully Cooked) BUY 1 PAN 92 OZ \$28.36	\$113.44 \ cs	Stouffer's Stuffed Cabbage consists of seasoned beef, long grain rice – and spices rolled into tender cabbage leaves and topped with rich, chunky tomato sauce.
6527129	2 3 lb	Josephs Gourmet Pasta	Truffle & Four Cheese Sacchetti Pasta Premium Filled Pasta	\$81.27 \ cs	Ricotta, mozzarella, Parmesan and Pecorino Romano cheeses blended – with black truffle peelings and truffle oil; wrapped in par cooked mini egg "beggar's purses." 162-168 pcs per cs. Approx. 27-28 per lb.
0551424	2 3 lb	Josephs Gourmet Pasta	Beef Ravioli w/Chianti Bolognese & Cheese	\$40.84 \ cs	Classic slow simmered "Bolognese" meat ragu' cooked with Chianti – wine and blended with Parmesan and Mozzarella cheeses; wrapped in par cooked egg pasta. Medium Square shape, approx. 23-24 per lb.
0790675	12 14"	Tubitos	Cheese Pizza 14"	\$102.78 \ cs	- Traditional Par-Baked
2572485	6 4 lb	Mccain	Lattice Potato Fries GoldenCrisp	\$50.31 \ cs	aka Waffle Fries. Whole potatoes cut in a criss-cross design and coated – with a thick crispy batter. Yields 128 3-oz servings per case. Made with Grade A Potatoes.
7169682	2 2.5 kg	Davigel	Vegetable Mix Carrots, Celery, Zucchini	\$8.82 \ cs	– Vegetable mix (Carrots  - 26.7%, celery - 26.7% , zucchini - 26.6%
7169677	4 2.5 kg	Packer	Vegetable Mix Baby Carrots, Cut Green Beans, Peas, Parisian Potatos, Onions	\$19.04 \ cs	Vegetable mix (Young carrot cut 14/18, cut green beans, peas, parisian potatoes, sliced onions)
7169686	4 2.5 kg	Packer	Vegetable Provence Stir Fry (Zucchini, Bell Peppers, Fried Eggplant, Fried Onions)	\$33.21 \ cs	Provence Stir fry contains Zucchini 32%, yellow and red peppers 22.4%, tomatoes 11.2%, pre-fried eggplants (eggplants 8.8%, sunflower oil) 10.4%, pre-fried onions (onions 3.6%, sunflower oil) 4%).

## **CANNED & DRY FOODS**

 4811949	4 1 gal	T. Marzetti	Mayonnaise Premium Extra Heavy (Gallon)		Marzetti® Extra Heavy Mayonnaise is a rich and creamy, full-bodied mayonnaise made with a generous amount of egg yolk.
7934486	200 9 gm	CF Sauer	Mayonnaise Condiment Packets	\$24.99 \ cs	



SUPC	PAC	CK & SIZE	BRAND	PRODUCT	SELL PRICE SHOP	DESCRIPTION
3255767	2	1 gal	Grey Poupon	Grey Poupon Dijon Mustard BUY 1 Gal \$30.25	\$120.99 \ cs	Grey Poupon Dijon Mustard 1 gallon resealable jugs (2 per case) are a convenient option for restaurants, delis, fast food, concessions and commercial kitchens for back-of-house use in large volume recipes, de prep and filling ramekins. Made with #1 grade mustard seeds, this white wine infused mustard is blended with spices to offer the distinctive flavour you expect from Grey Poupon.
5561444	4	1 gal	Ken's Essentials	Honey Mustard BUY 1 Gal \$25.25	\$96.99 \ cs	Ken's Essentials Honey Mustard Dressing is certified clean label hone – mustard in a gallon. Contains NO high-fructose corn syrup, artificial flavor or artificial preservatives.
5059803	100	) 1.5 oz	Naturally Fresh	Creamy Italian Dressing 1.5 oz Cup	\$31.99 \ cs	_ A thick, zesty blend of oil and vinegar with bell pepper, garlic, and onions mingled with Italian herbs and spices. Low Sodium.
4538999	4	1 gal	Sysco Imperial	Premium Poppy Seed Salad Dressing <mark>BUY 1 Gal \$16</mark>	\$60.39 \ cs	Sysco Imperial poppy seed dressing combines sweet, tangy and savo – flavors in an easy-to-handle product. The plastic containers are shelf stable at room temperature.
8144943	10	4 lb	Deep Foods	Bean Lentil Toor Dal	\$93.78 \ cs	– Split pigeon peas
3854504	1	4 lb	Packer	Bean Lentil Chana Dal	\$6.93 \ cs	– Split chickpea lentils
7185544	6	12 oz	Palmini	Hearts Of Palm Lasagna Pasta (Retail Pouch)	\$14.45 \ cs	4g of carbs, 20 calories, no sugar, glutenfree. Palmini is a pasta substitute made 100% of Hearts of Palm. BPA Free, Kosher, Non-GM verified and Vegan. When this plant is cut and cooked in the proper way, it's resemblance to regular pasta is remarkable.
0441786	1	20 lb	Lamix	Sona Masoori Rice	\$30.11 \ bag	Royal® Sona Masoori is an aromatic and lightweight medium-graine rice known as the "Pearls of South India,". With its delicate flavor, it i the perfect choice for pongal, coconut rice, steamed rice or as a compliment to South Indian Curries.
7920263	10	100 gr	- Packer	Kashmiri Masala Spice Blend	\$27.54 \ cs	This fragrant blend of spices from the Kashmir region of India is used – season lamb dishes, such as the classic Rogan Josh, chicken curries a vegetables.
7110854	6	9 oz	Badia Spices	Merlot Salt	\$29.30 \ cs	Badia Merlot Salt Seasoning Blend blend adds colour and flavour to – pork, steaks, mushrooms plus sauces, vinaigrettes and gravies. Contains Pink Himalayan Salt and natural red wine concentrate.
5529775	6	16oz	Badia Spices	Celery Seed Whole	\$26.82 \ cs	Celery seeds can be used in salads, dressings, coleslaw, pickling, soups and – meat rubs to add a celery flavoring without the watery crunch. Great in Bloo Marys and pairs well with vegetable juices.
3286954	6	24 oz	Badia Spices	Mustard Seed Whole	\$54.27 \ cs	Mustard seed is a common ingredient in Indian recipes, and are best when toasted. Simply sauteed in hot oil until they pop to use in stir-f curry and other foods. Grind or use whole in seasoning blends, pickli homemade mustard, dressings.
3155092	1	16 oz	D'allas	Poblano Chile Pepper Powder	\$113.45 \ cs	Poblano Chile Powder is a pulverized fine-textured product made fro all-natural dried Poblano chiles. The poblano is one of the most wide used peppers with a mild to medium heat and deep green pepper flavor that is prevalent in southwestern cuisine.
CANNED	& D	RY F	OODS			
7062829	12	750 ml	Monin	Syrup Apple Granny Smith	\$87.80 \ cs	Emerald green and tangy sweet, this green apple variety is packed w crisp, tart flavor. Our Granny Smith Apple Syrup livens up cocktails li the Four Leaf Clover and or Sour Apple Martini and shines bright in lemonades, sodas, martinis and teas.
5014178	12	750 ml	Monin	Syrup Root Beer Old Fashioned	\$85.05 \ cs	Old Fashioned Root Beer Syrup made with pure cane sugar can be – used in a classic soda shop float, and to create a handcrafted soda at home. Smooth authentic flavour.
						Elegant and subtle, this queen of flowers is unrivaled in flavor and

5017890	12 750 ml	Monin	Syrup Rose	\$85.10 \ cs	notoriety. Our Rose syrup, with a rich aromatic flavor, adds a light, - floral accent to springtime specialties and romantic cocktails. Monin Rose Syrup adds floral beauty to wine spirits, sodas, cocktails and mocktails.
8881963	12 750 ml	Monin	Syrup Tea Chai Concentrate	<b>\$96.39</b> \ cs	Delicious combination of green tea, cinnamon, clove, orange blossom and ginger makes crafting delicious Chai beverages a one step process- - just add milk. Monin Chai Tea Concentrate is the convenient, premium choice for creating delicious spiced chai teas, hot or cold specialty coffee drinks, dessert cocktails, culinary creations and more.



SUPC	PA	CK & SIZE	BRAND	PRODUCT	SELL PRICE SHOP	DESCRIPTION
6076893	1	50 lb	Bread Partners	Total Grain Bread Mix 50 lb bag	<b>\$94.16</b> \ cs	Hearty multigrain bread featuring a seven grain and seed blend of rye, wheat, oat, barley, cornmeal, sesame seed, and millet seed. Convenient 100% mix, just add water and yeast. Ideal for retail or in- store bakeries.
0081327	1	25 lb	Bob's Red Mill	Potato Flour (25 lb Bag)	\$75.99 \ cs	Ground from whole peeled and trimmed potatoes, Potato Flour attracts and holds water, producing moist yeast bread with an excellent shelf life. Use as a thickener for smoother sauces, gravies and soups, and in gluten free cooking.
6562336	1	12 lb	Rader   Dobla	Pink Chocolate Curls	\$190.44 \ cs	<ul> <li>Pink coloured white chocolate curls.</li> </ul>
0672485	1	5kg	Rader   Barry	Milk Chocolate Pistoles (Discs)	\$155.21 \ cs	– Cacao Barry Pistoles Milk Lactee 36%
4852687	1	12 lb	Richs	Meringue Mix Powder	<b>\$94.41</b> \ cs	– Very easy to use, one-step meringue mix.
7108654	1	8 oz	Rader   Paris Gourmet	Red Cocoa Butter (Pastry 1)	\$30.65 \ cs	Pure cocoa butter infused with vibrant red food colouring. Ingredients List: Cocoa Butter, FD&C Red. Paris Gourmet Pastry 1 line is the foundation for all your pastry creations, from beginner to expert levels.
7212397	1	144 pc	Hug	Sweet Pastry Tartlet Square Medium 2x0.7"	<b>\$99.99</b> \ cs	A square tartlet with an elegant appearance and exceptional flavour. Premium Swiss pastry. Medium size, square shape, straight edge. W: 2 in/5.3 cm x H: 0.7 in/1.8 cm. Made with 24% real butter, cocoa butter, real sugar and wheat flour.
5093701	6	24 oz	Badia	Chocolate Sprinkles	\$43.74 \ cs	Candy topping used as a perfect finishing touch for decorating cakes, cupcakes, cookies and ice cream.
4250658	1	10 kg	Rader   Patisfrance	Sugar Pearl Grains	\$71.10 \ cs	Grains Pearl Sugar N10. Used for decorating cakes that need light cooking: brioches, petits fours, choux pastry puff.
7189031	12	7.1 oz	Schär	Chocolate Thins Cookies Gluten-Free Gourmet	\$49.91 \ cs	Gluten free cookie coated with chocolate. These luxurious, gluten free, Non-GMO, Preservative-free cookies are made with real butter, then dunked in rich German chocolate. So decadent and perfect with your afternoon coffee or tea!

